

FRUIT



bananas



oranges



apple



pears



watermelon



grapes



tangerine



honeydew melon



plums



melon



grapefruit



peaches



avocado



strawberries



lemon



lime



kiwi



raisins



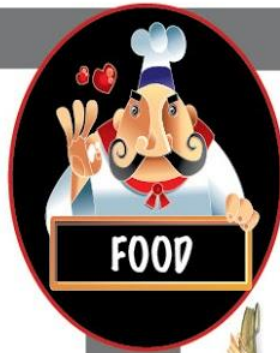
blueberries



raspberries

Other berries:
cranberry
blackberry

Other fruits:
papaya cherry
mango apricot
pineapple



VEGETABLES



lettuce



broccoli



artichoke



eggplant



cucumbers



potato



carrots



asparagus



corn



green tomatoes



cauliflower



tomato



mushrooms



raddish



peas



green beans



onion



garlic



peppers



spinach



squash



zucchini

Other veggies:
celery
Brussels sprouts

DAIRY



cheese



milk



yoghurt

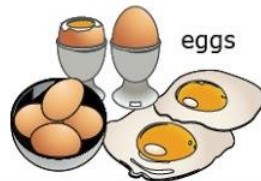
cereal



butter



bread



eggs

BASIC INGREDIENTS



salt



butter



pepper



oil



vinegar



chili



coriander



parsley



pasta



flour



sugar



rice